

Fahrradrouten Südtirol / ciclovie in Alto Adige / cycle routes South Tyrol

1 Etschtal / Valle dell'Adige / Val d'Adige

2 Pustertal / Val Pusteria / Pustertal Valley

3 Eisacktal / Val d'Isarco / Valley Isarco

Radwege Info / ciclovie / cycle routes
www.suedtirol.info

südtirolmobil / altoadigemobilità
www.suedtirolmobil.info

bikemobil Card

SOS 112

- 1a** Etschradroute an der Via Claudia Augusta
Ciclabile Val Pusteria
Adige Cycle Route along the Via Claudia Augusta
Reschen/Resia – Salurn/Salorno
← 140 km ↑ 274 m ↓ 1.556 m
- 1b** Radroute Tschiers (CH)
Pista ciclabile di Tschiers (CH)
Cycle Route Tschiers (CH)
← 28 km ↑ 407 m ↓ 35 m
- 1c** Radroute Passierer
Pista ciclabile della Val Passiria
Cycle Route Passeiertal Valley
← 22 km ↑ 364 m ↓ 10 m
- 1d** Variante Etschradroute über Kalterer See
Variante Oltradige costeggiando il Lago di Caldaro
Adige Cycle Route variant past Kalterer See lake
← 27 km ↑ 270 m ↓ 310 m
- 1e** Radroute Fleimstalbahn (Alte Bahnstraße)
Pista ciclabile Vecchia Ferrovia
Old Railway Line Bike Tour (Fleimstalbahn)
← 27 km ↑ 143 m ↓ 225 m

- 2a** Radroute Pustertal
Ciclabile Val Pusteria
Pustertal Valley Cycle Route – Franzensfeste/Forzezza & Brixen/Bressanone
← 67 km ↑ 312 m ↓ 748 m
- 2b** Radroute Gadertal – St. Vigili
Pista ciclabile della Val Badia – San Vigilio
Cycle Route Val Badia Valley – St. Vigili/San Vigilio
← 15 km ↑ 570 m ↓ 190 m
- 2c** Radroute Tauferer Ahrntal
Pista ciclabile delle Valli di Tures e Aurina
Cycle Route Tauferer Ahrntal Valley
← 17 km ↑ 90 m ↓ 50 m
- 2d** Radroute Antholzertal
Pista ciclabile della Valle Anterselva
Cycle Route Antholzertal Valley
← 13 km ↑ 260 m ↓ 10 m

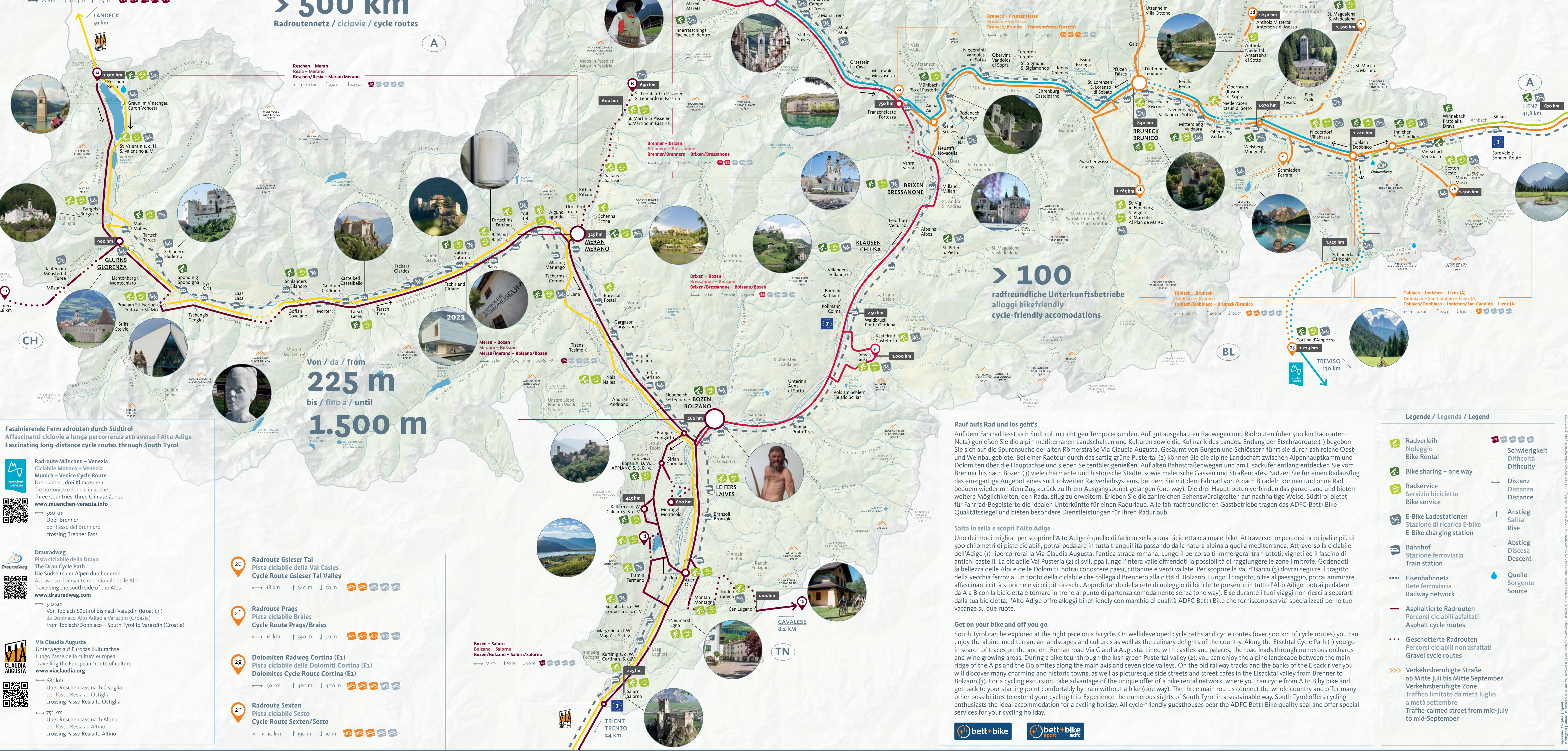
- 3a** Brenneradroute
Ciclabile Brennero
Cycle Route Brenner/Brennero
Brenner/Brennero – Bozen/Bolzano
← 96 km ↑ 360 m ↓ 1.470 m
- 3b** Radroute Sterzing – Mareit
Pista ciclabile Vipiteno – Mareta
Cycle Route Sterzing/Vipiteno – Mareit/Mareta
← 7 km ↑ 93 m ↓ 11 m
- 3c** Variante Eisacktal – Dolomitenregion Seiser Alm
Variante Val d'Isarco – Regione dolomitica Alpe di Siusi
Variant Valley Isarco – Dolomites region Seiser Alm
← 20 km ↑ 590 m ↓ 640 m

> 500 km
Radrutennetz / ciclovie / cycle routes

> 1.000
Glücksmomente / momenti di gioia / good feelings

> 200
regionale Geschmackserlebnisse entlang der Radrouten
specialità enogastronomiche regionali lungo le ciclabili
regional culinary enjoyment along the cycle routes

> 100
radfreundliche Unterkünfte
alloggi bikefriendly
cycle-friendly accommodations



Faszinierende Fernradrouten durch Südtirol
Affascinanti ciclovie a lunga percorrenza attraverso l'Alto Adige
Fascinating long-distance cycle routes through South Tyrol

Radroute München – Venezia
Ciclabile Monaco – Venezia
Munich – Venice Cycle Route
Drei Länder, drei Klimazonen
Tre nazioni, tre zone climatiche
Three Countries, three Climate Zones
www.muenchen-venezia.info
← 560 km
Über Brenner
per Passo del Brennero
crossing Brenner Pass

Drauradweg
Pista ciclabile della Drava
The Drau Cycle Path
Die Südsseite der Alpen durchqueren
Attraverso il versante meridionale delle Alpi
Traversing the south side of the Alps
www.drauradweg.com
← 510 km
Von Toblach-Südtirol bis nach Varaždin (Kroatien)
da Dobbiaco-Alto Adige a Varaždin (Croazia)
from Toblach/Dobbiaco – South Tyrol to Varaždin (Croatia)

Via Claudia Augusta
Unterwegs auf Europas Kulturstraße
Lungo l'asse della cultura europea
Travelling the European "route of culture"
www.viaclaudia.org
← 685 km
Über Reschenpass nach Ostiglia
per Passo Resia ad Ostiglia
crossing Passo Resia to Ostiglia
← 752 km
Über Reschenpass nach Altno
per Passo Resia ad Altno
crossing Passo Resia to Altno

Von / da / from
225 m
bis / fino a / until
1.500 m

Rauf auf Rad und los geht's
Auf dem Fahrrad lässt sich Südtirol im richtigen Tempo erkunden. Auf gut ausgebauten Radwegen und Radrouten (über 500 km Radrutennetz) genießen Sie die alpin-mediteranen Landschaften und Kulturen sowie die Kulinarik des Landes. Entlang der Etschradroute (1) begeben Sie sich auf die Spurensuche der alten Römerstraße Via Claudia Augusta. Lined with castles and palaces, the road leads through numerous orchards and wine-growing areas. During a bike tour through the lush green Pustertal (2), you can enjoy the alpine landscape between the main ridge of the Alps and the Dolomites along the main axis and seven side valleys. On the old railway tracks and the banks of the Eisack river you will discover many charming and historic towns, as well as picturesque side streets and street cafés in the Eisacktal from Brenner to Bolzano (3). For a cycling excursion, take advantage of the unique offer of a bike rental network, where you can cycle from A to B to bike and get back to your starting point comfortably by train without a bike (one way). The three main routes connect the whole country and offer many other possibilities to extend your cycling trip. Experience the numerous sights of South Tyrol in a sustainable way. South Tyrol offers cycling enthusiasts the ideal accommodation for a cycling holiday. All cycle-friendly guesthouses bear the ADFC Bett+Bike quality seal and offer special services for your cycling holiday.

Salta in sella e scopri l'Alto Adige
Uno dei modi migliori per scoprire l'Alto Adige è quello di farlo in sella a una bicicletta o a una e-bike. Attraverso tre percorsi principali e più di 500 chilometri di piste ciclabili, potrai pedalare in tutta tranquillità passando dalla natura alpina a quella mediterranea. Attraverso la ciclabile dell'Adige (1) ripercorrerai la Via Claudia Augusta, l'antica strada romana. Lungo il percorso ti immergerai tra muretti, vigneti e il fascino di antichi castelli. La ciclabile Val Pusteria (2) si sviluppa lungo l'intera valle offrendoti la possibilità di raggiungere le zone limitrofe. Godendoti la bellezza delle Alpi e delle Dolomiti, potrai conoscere paesi, cittadine e verdi vallate. Per scoprire la Val d'Isarco (3) dovrai seguire il tragitto della vecchia ferrovia, un tratto della ciclabile che collega il Brennero alla città di Bolzano. Lungo il tragitto, oltre al paesaggio, potrai ammirare affascinanti città storiche e vicoli pittoreschi. Approfondendo la rete di noleggio di biciclette presente in tutto l'Alto Adige, potrai pedalare da A a B con la bicicletta e tornare in treno al punto di partenza comodamente senza (one way). E se durante i tuoi viaggi non riesci a separarti dalla tua bicicletta, l'Alto Adige offre alloggi bikefriendly con marchio di qualità ADFC Bett+Bike che forniscono servizi specializzati per le tue vacanze su due ruote.

Get on your bike and off you go
South Tyrol can be explored at the right pace on a bicycle. On well-developed cycle paths and cycle routes (over 500 km of cycle routes) you can enjoy the alpine-mediterranean landscapes and cultures as well as the culinary delights of the country. Along the Etschtal Cycle Path (1) you go in search of traces on the ancient Roman road Via Claudia Augusta. Lined with castles and palaces, the road leads through numerous orchards and wine growing areas. During a bike tour through the lush green Pustertal valley (2), you can enjoy the alpine landscape between the main ridge of the Alps and the Dolomites along the main axis and seven side valleys. On the old railway tracks and the banks of the Eisack river you will discover many charming and historic towns, as well as picturesque side streets and street cafés in the Eisacktal from Brenner to Bolzano (3). For a cycling excursion, take advantage of the unique offer of a bike rental network, where you can cycle from A to B to bike and get back to your starting point comfortably by train without a bike (one way). The three main routes connect the whole country and offer many other possibilities to extend your cycling trip. Experience the numerous sights of South Tyrol in a sustainable way. South Tyrol offers cycling enthusiasts the ideal accommodation for a cycling holiday. All cycle-friendly guesthouses bear the ADFC Bett+Bike quality seal and offer special services for your cycling holiday.

Legende / Legenda / Legend	
	Radverleih Noleggio Bike Rental
	Bike sharing – one way
	Radservice Servizio biciclette Bike service
	E-Bike Ladestationen Stazione di ricarica E-bike E-Bike charging station
	Bahnhof Stazione ferroviaria Train station
	Eisenbahnnetz Rete ferroviaria Railway network
	Asphaltierte Radrouten Percorsi ciclabili asfaltati Asphalt cycle routes
	Geschotterte Radrouten Percorsi ciclabili non asfaltati Gravel cycle routes
	Verkehrsberuhigte Straße Ab Mitte Juli bis Mitte September Verkehrsberuhigte Zone Traffico limitato da metà luglio a metà settembre Traffic-calmed street from mid-July to mid-September
	Schwierigkeit Difficoltà Difficulty
	Distanz Distanza Distance
	Anstieg Salita Rise
	Abstieg Discesa Descent
	Quelle Sorgente Source